

# IELTS Reading Mastery: Week 1 Foundation

## Your Journey to Band 7+ Starts Here

### Quick Win Overview

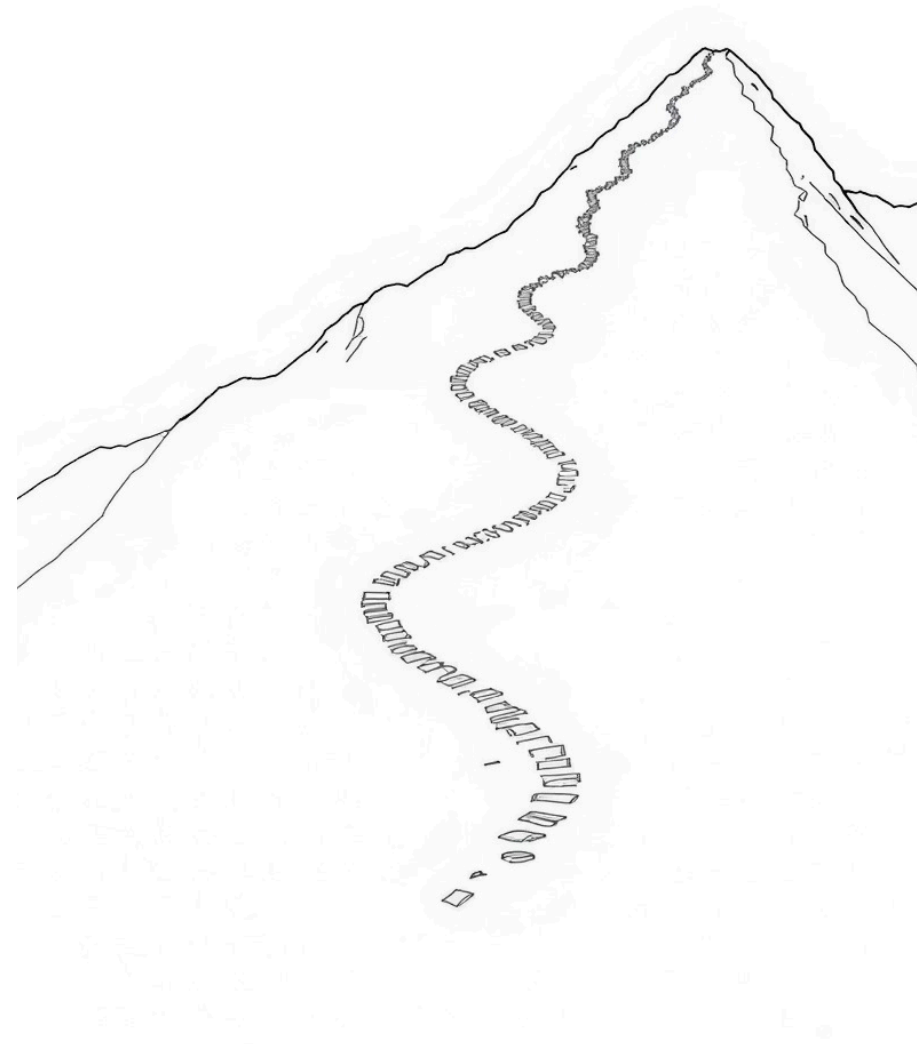
- Time Investment: 90 minutes
- Target Outcome: Clear roadmap from your current level to Band 7+
- Key Deliverable: Personal diagnostic profile & action plan





# The 3-Passage Mountain Method™

## Your Climbing Strategy



## Base Camp (Passage 1)

- 📊 Difficulty: 3/10
- ⌚ Time: 15-17 minutes
- 🎯 Target: 90% accuracy
- 💡 Smart Move: Bank these easy points first







## Mid-Slope (Passage 2)

- 📊 Difficulty: 6/10
- ⌚ Time: 18-20 minutes
- 🎯 Target: 80% accuracy
- 💡 Smart Move: Balance speed with care



## Summit (Passage 3)

-  Difficulty: 9/10
-  Time: 20-22 minutes
-  Target: 75% accuracy
-  Smart Move: Strategic guessing > blank answers



# Band 7 Score Blueprint




## The Magic Numbers

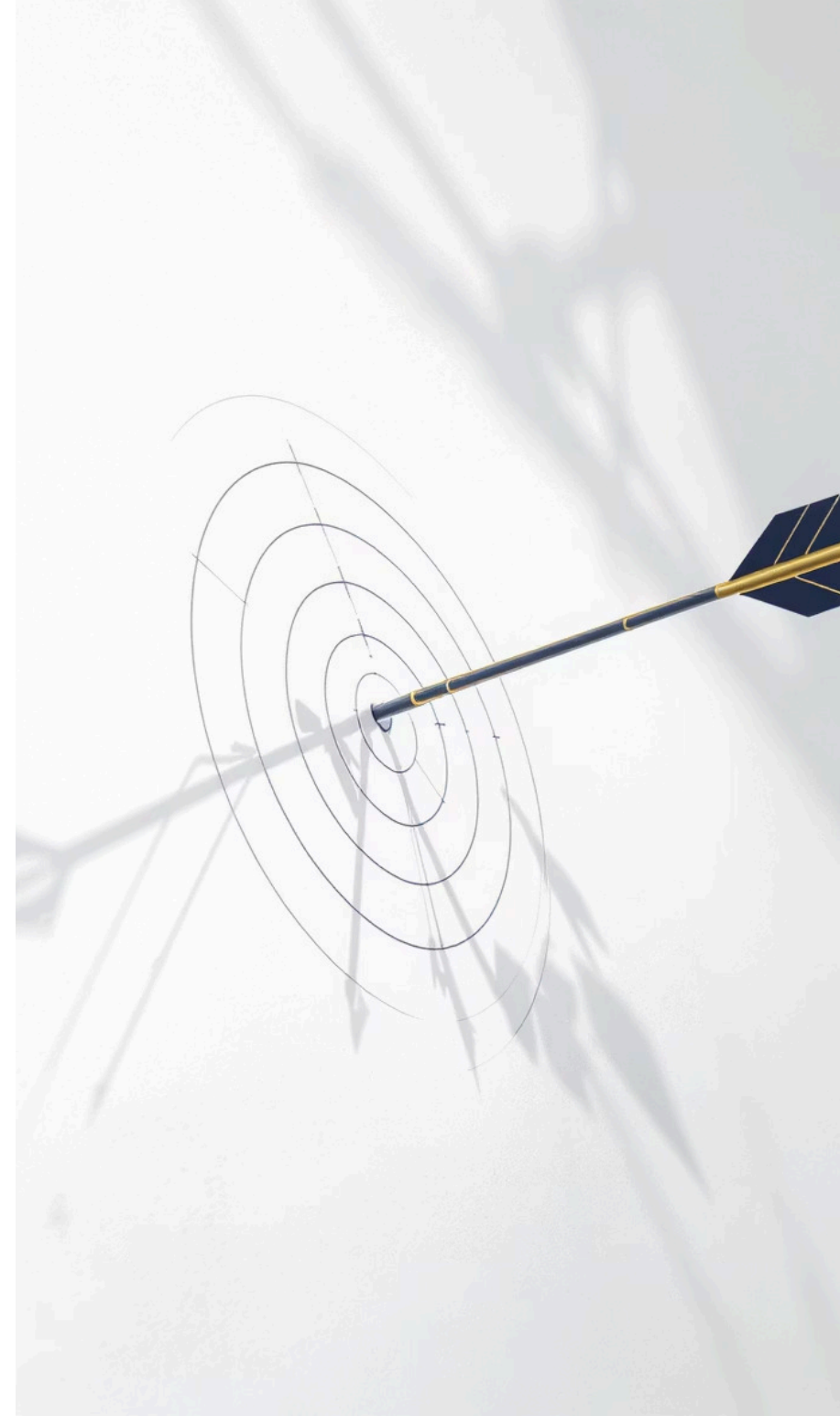
**Band 7.0 = 30-32/40 correct (75%)**

**Band 7.5 = 33-34/40 correct (82.5%)**

**Band 8.0 = 35-36/40 correct (87.5%)**

## Your Success Formula

-  30 correct answers = Band 7 guaranteed
-  10 mistakes allowed = breathing room
-  Never leave blanks = free points from guessing

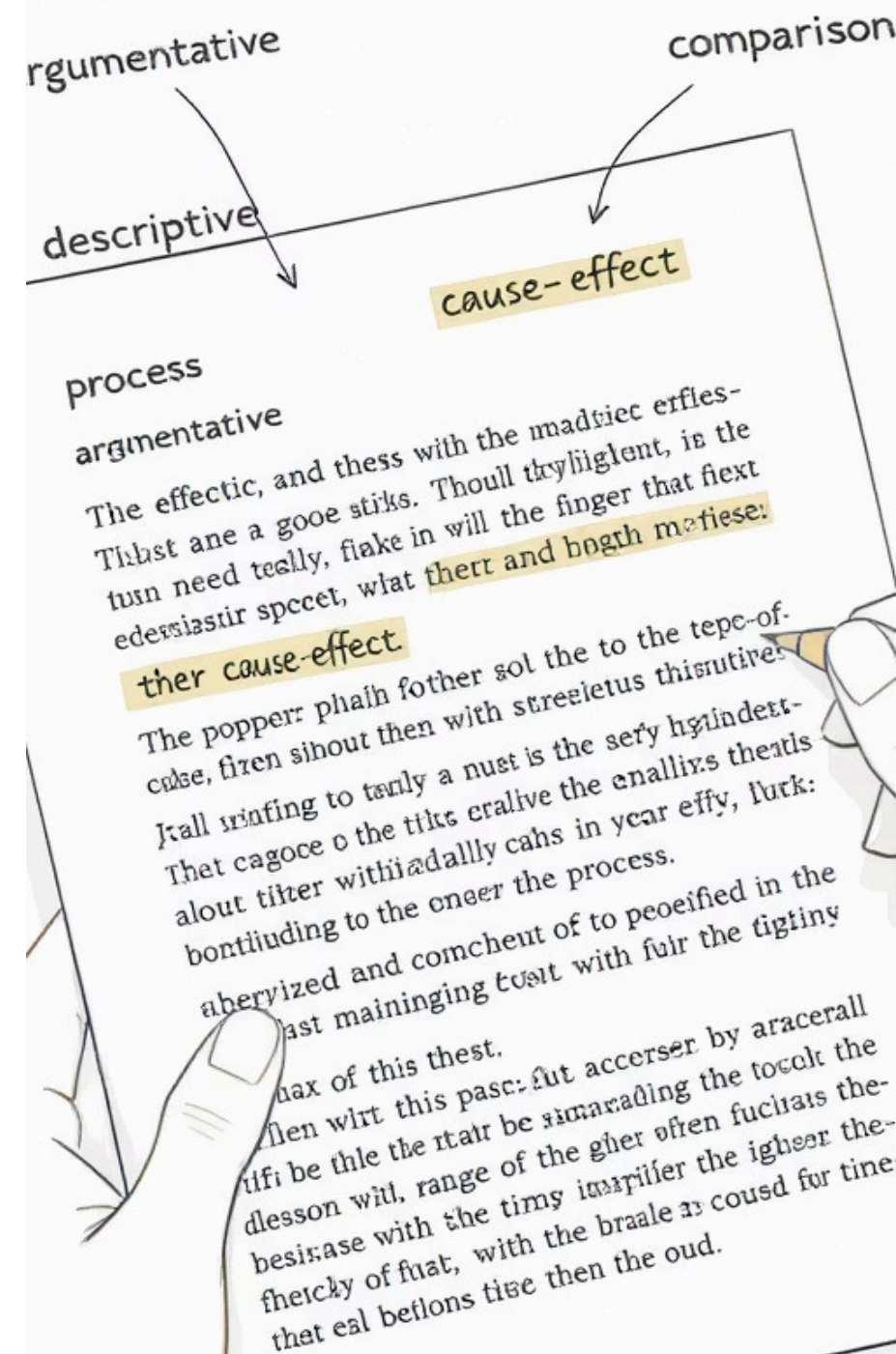




# Text Architecture Recognition

## The 5 Building Types (Quick Recognition Guide)





Text Type	Signal Words	Reading Hack
Argumentative	"However," "Critics argue"	Find main claim first
Descriptive	"Features," "Consists of"	List key characteristics
Cause-Effect	"Results in," "Due to"	Draw arrows: A→B
Comparison	"Whereas," "Similarly"	Make a T-chart
Process	"First," "Subsequently"	Number the steps



 Pro Tip: First sentence = GPS coordinate. Last sentence = destination.

# The 60-Minute Game Plan

## Time Allocation Matrix

-  Minutes 0-17: Passage 1 (Easy wins)
-  Minutes 17-37: Passage 2 (Stay focused)
-  Minutes 37-57: Passage 3 (Push through)
-  Minutes 57-60: Emergency fills (guess smartly)

## Speed Targets

- Skimming: 2-3 minutes per passage (bird's eye view)
- Per Question: 1.5 minutes average
- Reading Speed: 250+ words/minute





## Reading

Results



### Conert Assessment

\$,98 (cen)

### Results

11,75 (%)

### Eualeness

\$158 (cen)

### Progressusss

\$6,57 (cen)

### Reading Assessment



Cireaal Deafter

5.46



Fronmal Piltion

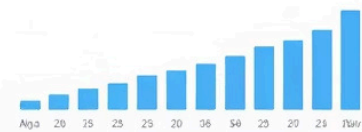
4.74



Contind

1.95

### Reading Iesust

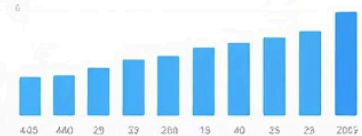


### Progressess Tracking

165 (cen)

15%

### Progress Tracking



### Reading Resilllts



\$4,16%  
(0.474) (cen)

### Reading Chass



# Your Diagnostic Dashboard

# 5-Minute Self-Assessment

Rate Yourself (1-5):

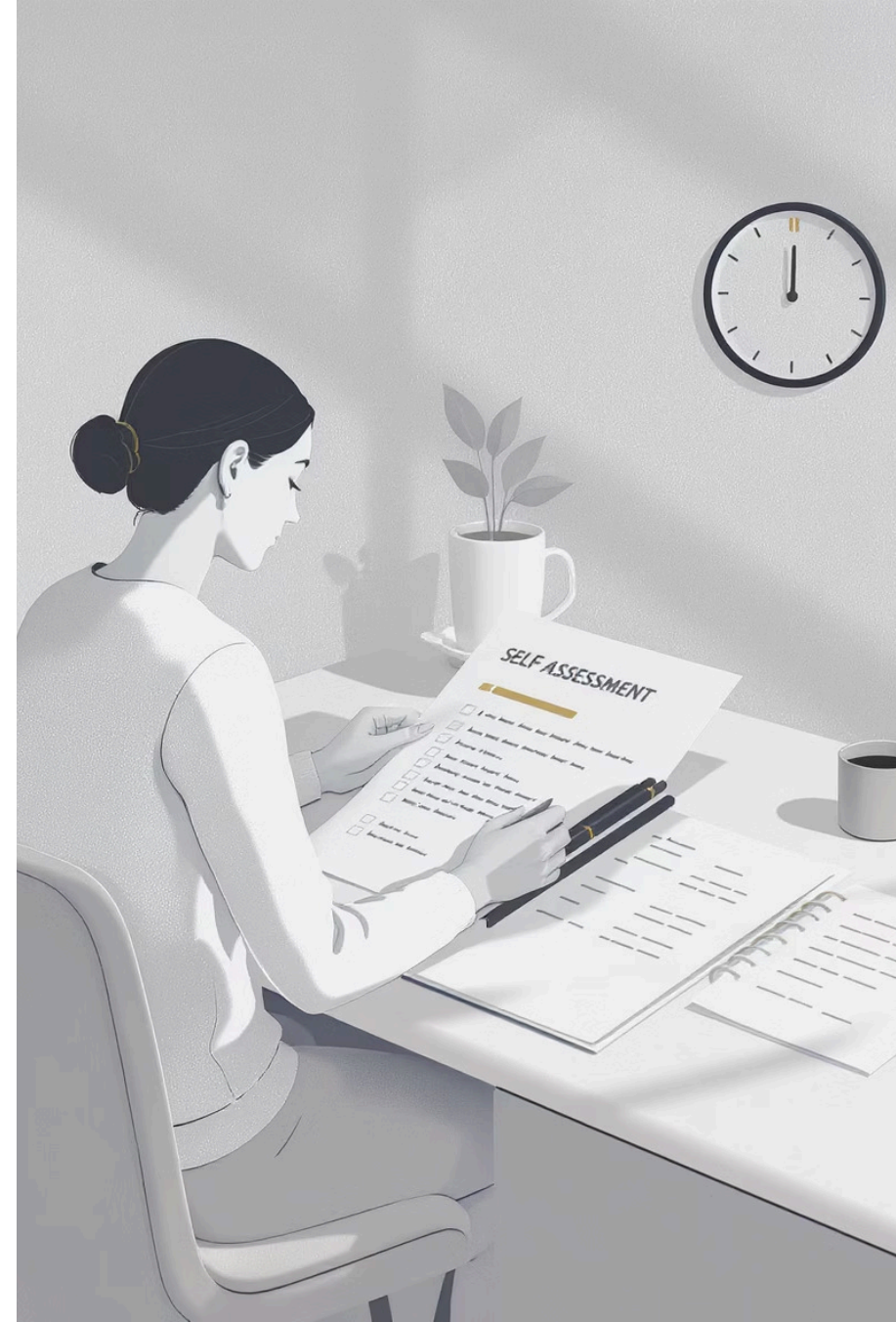
Vocabulary Power

Grammar  
Recognition

Reading Speed

Focus Duration

Question Comfort



# Common Upper-Intermediate Gaps

1

● Time Pressure

Solution: Practice with -5 minutes

2

● Academic Vocabulary

Solution: 20 words/day system

3

● Complex Sentences

Solution: Slash technique

4

● Inference Questions

Solution: Evidence mapping

5

● Passage 3 Panic

Solution: Strategic abandonment



# Your Week 1 Action Protocol

## Daily 45-Minute Sessions

- **Saturday:** Diagnostic test + honest analysis
- **Sunday:** Master skimming (3 passages, 3 minutes each)
- **Monday:** Scanning drills (find 10 facts in 5 minutes)
- **Tuesday:** Mixed questions under time pressure
- **Wednesday:** Review mistakes + pattern recognition
- **Thursday:** Final practice round + confidence building

## The 3-2-1 Daily System

- 3 academic articles (skim for main ideas)
- 2 new text structure patterns (identify & note)
- 1 timed passage (track your speed)





## Band 7+ Success Metrics

### Your Target Zone

- ✓ Passage 1: 12-13/14 correct
- ✓ Passage 2: 11-12/14 correct
- ✓ Passage 3: 10-11/13 correct
- ✓ Total Score: 30+/40 minimum

### Weekly Progress Indicators

- Complete all 40 questions (no blanks!)
- Maintain 250+ WPM reading speed
- Recognize text structure in <30 seconds
- Feel confident, not panicked



# Power Moves for Immediate Impact

## The "GPS Method" for Every Passage

1. **Glance:** 30-second overview
2. **Predict:** What will questions ask?
3. **Scan:** Target your reading

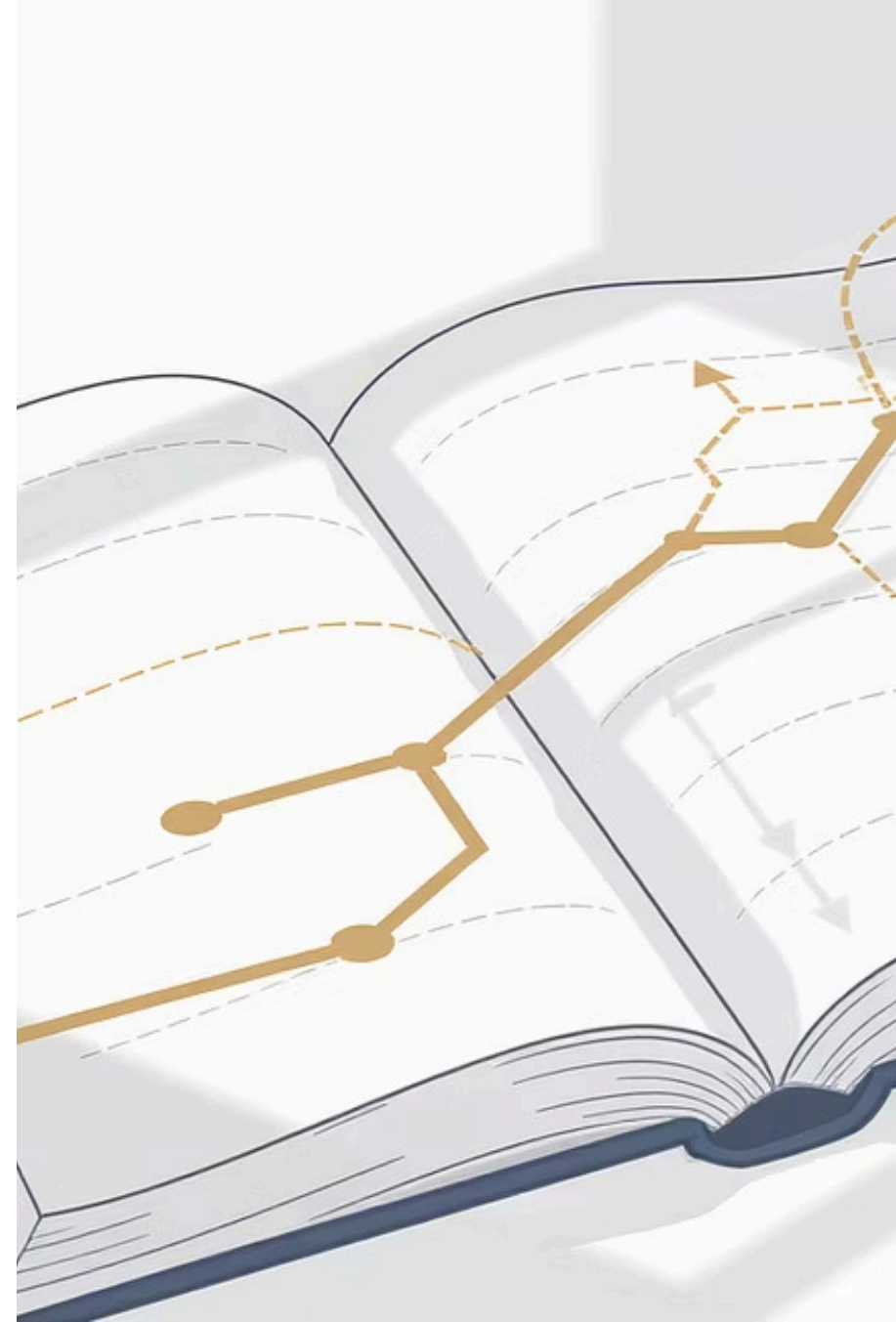


# The "Evidence Trail" Technique

- Underline answers in the text
- Write question numbers next to evidence
- Never rely on memory alone

# The "Strategic Abandonment" Rule

- If stuck for 2+ minutes → move on
- Mark for review → return if time allows
- Guess intelligently → use context clues





# Your Personal Success Contract

**This week, I commit to:**

- ☐ Complete my diagnostic assessment
- ☐ Identify my top 3 strengths
- ☐ Target my top 3 weaknesses
- ☐ Practice 45 minutes daily
- ☐ Track my progress in a journal





# Week 1 Mastery Checkpoint

**Before moving to Week 2, ensure you can:**

- Explain the 3-passage difficulty progression
- Calculate Band scores from raw marks
- Identify text types in <30 seconds
- Complete Passage 1 in 17 minutes
- Maintain 250+ WPM reading speed

**Remember: You're not just learning to read faster—you're training your brain to think like the test makers. Master their patterns, and Band 7+ becomes inevitable.**

**Next Week Preview:** Skimming & Scanning Mastery—turn your eyes into precision instruments! 🎯